

**Institute of Risk Management - Membership**

Continuing Professional Development Record

**Name**:

**Covering the period from:**

**Member No:**

**To:**

This record sheet is for guidance only. You may present your record in any other format you choose.

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| --- | --- | --- | --- | --- | --- |
| **Key Dates** | **Type of CPD**  Formal or Informal? | **Approx no. of hours** | **Description of the activity**  What did you do? | **Learning Outcome**  What have you learnt from this? | **Impact at work**  How has this learning made a difference to your capability and performance in your role? |
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|  | **Total hours** |  |  |  |  |